

# Linden Oaks Hospital Packing List

The goal of Linden Oaks is to provide **safe, seamless, and personal care** to our patients. Safety is a top priority, and you can help by adhering to the following requirements.

***Patients will be limited to 2 Linden Oaks belongings bags of items.***

## Clothing: Washers/Dryers are available for patient use

- Shirts (max 3)
- Pants/Long Non-spandex Shorts (max 3)
- Underwear (max 3)
- Ankle Socks or Footies (max 3)
- Sweater/Sweatshirt (max 1)
- Pajamas (max 1)
- Bras –straps may not detach from one/both sides (max 2)
- Slip-on or Non-laced Shoes/Slippers (1 pair)

### Clothing Tips:

- No strings bungee cords, or laces
- Shorts must have an inseam of 5" or longer
- Boots of any kind are NOT permitted

*Loose comfy clothing that can be layered is recommended.*

## Toiletries: Travel Size Only (4oz) – limit 1 of each

**\*\*\*containers MUST list ingredients\*\*\***

- Toothbrush (Non-electric)
- Toothpaste
- Soap/Body Wash
- Body Lotion
- Deodorant
- Shampoo/Conditioner
- Hairbrush/Comb
- Facial Cleanser/Moisturizer
- 1 Non-pencil Eyeliner, 1 Mascara, 1 Lip Balm and 1 Lip Gloss

### Toiletries Tips

- No pumps
- No glass or metal
- Styling tools such as blow dryers, flat irons, curling irons, etc. are NOT permitted
- Only hospital issued feminine products are allowed

*Toiletries are available for patients on every unit.*

### General tips

- No Stuffed Animals
- No Towels/Washcloths/Linens
- No Pillows

*\*Balloons and food/candy/gum are not permitted.*

*\*Flowers must be in a plastic container and are not allowed in patient rooms but can be kept at the nurse's station.*

Many friends and family members want to know what they can bring to support their loved one during this time. Some recommended items: handwritten notes of love/encouragement, pictures of pets, and greeting cards.

---

Family and Friends,

We appreciate your understanding and patience with our process as we strive to provide Safe, Seamless and Personal care to our patients.

**Belongings:**

To better serve our patients and get their belongings to them as quickly as possible, we are instituting a new belongings drop off program. Belongings will only be accepted during Visiting Hours. Suitcases are not permitted. Patients will be limited to TWO Linden Oaks Belonging Bags of items.

All belongings brought to Linden Oaks Hospital go directly to the baggage check-in room and are screened for safety. Note\*\*\*It can take up to 24 hours to receive belongings. If you are dropping off medications and/or medical supplies/items, please notify the unit RN so they can retrieve them promptly.

**Visiting:**

Please contact the patient's unit for visiting information. As part of our commitment to safety, individuals entering the treatment area are required to lock up all belongings including, but not limited to, wallets, purses, cellphones, smoking materials, and outerwear and be subject to a metal detection screening. We appreciate your understanding and partnership in providing a safe environment.